

# *It's That Time of the Year!*

## INFORMATION ON RSV AND COVID-19 VACCINES



### RSV Vaccines

Respiratory Syncytial Virus (RSV) is an infection of the lungs and breathing tubes.

- In adults and children over 3 years old, symptoms are like those of a cold.
- In children under 3 years old, RSV can cause a lower respiratory infection, such as pneumonia. Infants 2 to 6 months old are more prone to this.
- Get medical care right away if your baby has signs and symptoms of RSV:
  - Blue color around the lips, fingernails, or skin
  - Quick breathing or trouble breathing
  - Grunting sounds with breathing
  - Fever of 100.4°F or higher in a baby less than 3 months old; 104°F or higher in a child between 3 months and 3 years old.
  - Severe cough or severe wheezing

### Who should get the RSV Vaccine?

- Infants and adults 60 and older are more at risk for severe outcomes from RSV
- Babies aged 8 months and younger are strongly recommended

### Covid-19 Booster Shots

Booster shots are recommended for everyone who has received a COVID-19 vaccine, if they are 12 years and older. Vaccination is the best way to protect yourself and reduce the spread of the virus. This includes helping to prevent new variants of the virus from emerging.

Studies now show vaccine protection against the virus and the ability to prevent COVID infection likely decrease over time, especially if variants of the virus emerge. That's why getting a booster shot after your original vaccination series is now recommended for everyone 12 years and older. These booster shots are the same as the current COVID vaccines.

### ***Important: Covid-19 and RSV Vaccines are covered under the medical plans only.***

Coverage for the Covid-19 Booster Shot and the RSV vaccine is limited to Rothman's medical benefit. If you would like to get the vaccine at a pharmacy, we encourage you to call ahead to make sure the pharmacy can take your medical coverage (as opposed to your prescription coverage). Vaccines are also available through pediatricians, PCPs, and walk in clinics such as MinuteClinics.

